

EMOTIONAL STATES MENU

Anxious	Hopeful	Confused
Purposeful	Affectionate	Dread
Happy	Fear	Grief
Amused	Responsible	Joy
Anger	Resentment	Frustration
Patient	Satisfied	Capable
Apathy	Curious	Motivated
Concern	Ambitious	Thrilled
Fulfilled	Embarrassed	Resourceful
Anticipation	Disappointment	Bored
Delight	Guilty	Depressed
Excited	Lonely	Cranky
Disagreeable	Ashamed	Resistant
Hurt	Longing	Determined
Regret	Amorous	Apprehensive
Dissatisfied	Inadequate	Challenged
Enthusiastic	Worthwhile	Secure
Sexy	Connected	Playful
Passionate	Grateful	Furious
Trusting	Naughty	Acceptance
Annoyed	Irritated	Content
Envy	Wary	Suspicious
Jealous	Confident	Sad
Creative	Inspired	Awe
Friendly	Assertive	Greedy

Emotions I experience that are not listed above:
